



2025-2026 Saturday Session Calendar

All sessions 9:00am-12:00pm

Register online at www.calmhcc.org/register

0.5 CEUs - Must attend both sessions	<p>October 4, 2025 - Session 1 Cultivating Inner Calm - The Foundation for Responsive Teaching</p> <p>November 1, 2025 - Session 2 Connection Before Correction - Building the School Family</p>
0.5 CEUs - Must attend both sessions	<p>January 10, 2026 - Session 3 Eyes That See Behaviors Differently - Reframing for Growth</p> <p>February 7, 2026 - Session 4 Creating Safety Through Structure and Presence</p>
0.25 CEUs	<p>March 7, 2026 - Session 5 Teaching Emotional Intelligence, Not Just Compliance</p>
0.5 CEUs - Must attend both sessions	<p>April 25, 2026 - Session 6 The Power of Language - Words That Teach, Not Trigger</p> <p>May 16, 2026 - Session 7 Repair and Restore - Navigating Conflict Mindfully</p>
0.25 CEUs	<p>June 6, 2026 - Session 8 Integrating It All - Creating A Culture of Compassionate Discipline</p>
In person session (limited space) 6pm-8pm	<p>July 9, 2026 - Session 9 Conscious Discipline: A Whole-Brain, Whole-Heart Approach</p>
0.25 CEUs	<p>August 1, 2026 - Session 10 Starting with Intention - Setting the Tone for a Calm, Connected Year</p>

Earn CEUs* and Professional Development Hours

*CEU breakdown in red

Funded by The Children's Board of Hillsborough County
In Partnership with ELM, HCC & QEES

