



2026-2027 Saturday Session Calendar

All sessions 9:00am-12:00pm

Register online at
www.calmhc.org/register

0.5 CEUs - Must attend both sessions	October 3, 2026 - Session 1 Cultivating Inner Calm - The Foundation for Responsive Teaching
	November 7, 2026 - Session 2 Connection Before Correction - Building the School Family
0.5 CEUs - Must attend both sessions	January 16, 2027 - Session 3 Eyes That See Behaviors Differently - Reframing for Growth
	February 6, 2027 - Session 4 Creating Safety Through Structure and Presence
0.25 CEUs	March 6, 2027 - Session 5 Teaching Emotional Intelligence, Not Just Compliance
0.5 CEUs - Must attend both sessions	April 3, 2027 - Session 6 The Power of Language - Words That Teach, Not Trigger
	May 1, 2027 - Session 7 Repair and Restore - Navigating Conflict Mindfully
0.25 CEUs	June 5, 2027 - Session 8 Integrating It All - Creating A Culture of Compassionate Discipline
0.5 CEUs - Must attend both sessions	August 7, 2027 - Session 9 Starting with Intention - Setting the Tone for a Calm, Connected Year
	September 11, 2027 - Session 10 Conscious Discipline: A Whole-Brain, Whole-Heart Approach

Earn CEUs* and Professional Development Hours

*CEU breakdown in red

Funded by The Children's Board of Hillsborough County
In Partnership with ELM, HC & QEES

